

Gappy Grin Gifts Inc

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Made in
Canada
Original Design

Newsletter 2 May 2008

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★ Sunny skies set the mood for Steveston Market's opening day on



May 4th. Face painting, live music, lots of eats, treats and Gappy Grin Gifts ensured a smile on every visitor's face.

Young, and young at heart, all agree that the friendly, fun friends at Gappy Grin Gifts are functional treasures kids of all ages can enjoy. Crowds took great pleasure in trying them on for size as neck pillows, and when the day got too long for some, they brought a welcome hug that lit up tired faces once again.

Steveston market will be open every Sunday from 11am to 4pm over summer and promise to be a day filled with unexpected delights.

You are what you eat, from your mouth to your feet!

With so much focus on getting more nutritious foods and exercise into schools, we are familiar with the benefits healthy food has on our children, and ourselves. However, a balanced diet is also necessary for your child to develop strong, decay-resistant teeth.



★ Sugars and starches found in many foods and snacks like cookies, candies, dried fruit, soft drinks and potato chips combine with plaque on teeth to create acids. These acids attack tooth enamel and may lead

Tip of my tooth!

Try these healthy snacks next time you feel a nibble coming on:

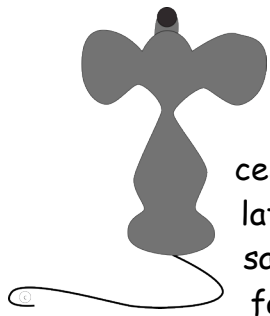
- . Cheese / fruit
- . Cottage cheese / yogurt
- . Nuts and seeds
- . Vegetables / vegetable juice
- . Milk
- . Hard boiled eggs

to cavities and other oral health problems. Try eating a well-balanced diet, limiting starchy and sugary foods. When you do treat yourself, eat them with a meal instead of as a snack as the extra saliva produced during a meal helps rinse food from the mouth.

Ratoncita Perez: The Tooth Mouse Story ★ ★

The Tooth Mouse legend has been handed down from





generation to generation for over a century. In the late 1800's it is said that a little fairy in France

turned into a mischievous little mouse and hid under an Evil King's pillow where he would disturb his nighttime slumber. This little mouse, **La Petite Souris**, helped defeat the evil King and the Good Queen ruled the land fairly from then on.

Neither the Tooth Fairy, nor the Tooth Mouse has ever confirmed this fantastic tale, but one thing is certain, together they ensure that every single lost tooth is found, fairly traded and taken home to Tooth Town!

Growing up in North America; Canada or The United States of America, you have probably heard about the generosity of the Tooth Fairy, but many children from Spanish speaking countries like Argentina grew up getting to know the tooth mouse, or **Ratoncito Pérez**, as trader

and keeper of lost teeth since 1894. As far as South Africa children would leave their lost tooth in a shoe next to their beds where the little Tooth Mouse would leave a gift in return for the precious pearly white.

It is believed that because a mouse's teeth are so incredibly strong and never stop growing, having your tooth taken by the tooth mouse, is a sign of healthy, strong permanent teeth to come!

On the Horizon

- ★ Fluoride, your fantastic friend!
- ★ Losing teeth around the world - Traditions from other cultures.

Be sure to get the next issue!

If you would like to be added, or removed from our newsletter, please email us at letters@gappygringifts.com With 'add' or 'remove' in the title.

FUN, FUN, FUN (FOR KIDS!)

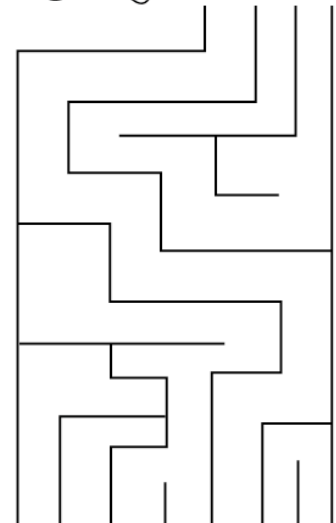


Help Gappy Grin Gift's, Mandible Tooth Mouse to get to his tooth by selecting the road with a healthy snack...

★ Good Luck!



FINISH



START

Have your say and contact us!

letters@gappygringifts.com

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